**Fitness Program Participant Guidelines**

Due to Covid-19 participants must agree to the following guidelines to participate in programs.

**Entrance to the building:** Participants must enter the building through the side door, which is the first door down the ramp when coming from Greene Street.

**Evaluations upon entry:** All participants must partake in a temperature screening and survey to gain access to the building. To ensure staff safety **sick guests will not be allowed to enter the building.**

**Social distancing:** Keeping with CDC guidelines, everyone including staff should stay **at least** 6 feet away from others when outside of the pool.

**Masks:** Face masks must be worn at all times during all activities in the building.

**Water:** Participants are encouraged to bring their own water. Drinking fountains will not be available to anyone, however there is a drinking station available for guests to fill bottles or cups with water.

**Bathroom:** Participants will use the bathroom that is located across from the Vernon Room. NO EXCEPTIONS.

**Guests:** Only registered participants are allowed to enter the building.

**Changing Space:** Participants will not have a space to change into and out of clothing. Participants should come dressed in the appropriate attire for class.

**Equipment:** Participants are encouraged to bring a mat to class as this is an item that will not be provided for participants.

**Building Access:** Participants are not permitted to enter other areas of the building. The class location will be disclosed before registration to the class. Participants will only have access to their class space and the designated bathrooms.

**Payment:** Pre-payment and registration are required. Guests are encouraged to make payments online or over the phone by Visa, Discover or MasterCard.

**Aquatics Program Participant Guidelines**

Due to Covid-19 participants must agree to the following guidelines to participate in programs.

**Entrance to the building:** Participants must enter the building through the side door, which is the first door down the ramp when coming from Greene Street.

**Evaluations upon entry:** All participants must partake in a temperature screening and survey to gain access to the building. To ensure staff safety **sick participants will not be allowed to enter the building.**

**Social distancing:** Keeping with CDC guidelines, everyone, including staff should stay **at least** 6 feet away from others when outside of the pool. **Please be aware that Covid-19 cannot be transmitted in properly chlorinated water, but if you are in close proximity the virus can be transmitted through the air. Social distancing should be practiced in the water.**

**Masks:** Face masks must be worn at all times during all activities in the building. The exception is to individual’s using the pool. Once you are at the pool side the mask can be taken off.

**Belongings:** Participants must put their belongings on the pool deck.

**Showers:** Swimmers are **required** to rinse for 1 minute **before** entering the pool and encouraged to do the same **after** exiting the pool. The showers are located at the rear of the pool deck.

**Water:** Participants are encouraged to bring their own water, because drinking fountains will not be available to anyone. There will only be a place to fill bottles or cups.

**Bathroom:** Participants must use the bathroom off the pool deck.

**Non-Swimmers:** Only registered participants are allowed to enter the building.

**Changing Space:** Participants using the pool should be prepared to have limited use of the showers and locker room space and should plan accordingly.

**Building Access:** Participants are not permitted to enter other areas of the building.

**Payment:** Pre-payment and registration are required. Participants are encouraged to make payments online or over the phone by Visa, Discover or MasterCard.

CORONAVIRUS / COVID-19 WARNING & DISCLAIMER Coronavirus, COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing and mask wearing as a means to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in GERMANTOWN LIFE ENRICHMENT CENTER programs or accessing GERMANTOWN LIFE ENRICHMENT CENTER facilities could increase the risk of contracting COVID-19. GERMANTOWN LIFE ENRICHMENT CENTER in no way warrants that COVID-19 infection will not occur through participation in GERMANTOWN LIFE ENRICHMENT CENTER programs of accessing GERMANTOWN LIFE ENRICHMENT CENTER facilities. GERMANTOWN LIFE ENRICHMENT CENTER will not be responsible for any COVID-19 related illness or injury due to participation in a GERMANTOWN LIFE ENRICHMENT CENTER PROGRAM.